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843 for you. The child gets in the right position for coming out if you move around. The more you are a coward about it, the worse it will be for you."

842 Little attempt is made to control the sex of the expected child.
843 Whether or not such control is possible is a moot point. One informant told of "a ceremony which causes them to have a boy or a girl. It is performed right at the beginning." The man was unable to supply the details, however. On another occasion the same person stated that, if a man scrapes his foot over the four sides of the woman in labor, a boy is born; but, if a woman touches the four sides with her hand, the baby is a girl. Most commentators discount these claims:

> There are lots of people here who would control it if they could, like D., who has all boys and wants a daughter.

> Whether it's a boy or a girl is in Yusn's[1] power; that's the way I look at it. Some shamans say they can control it, but I believe there is nothing to that.

843 However, the activity of the child during the prenatal period furnishes a clue to its sex. A fetus which "has lots of life" is presumed to be a male; a less active one, a female. Estimates of the length of pregnancy are approximately accurate.

[578] It is essential for the expectant mother and her husband to
[754] avoid acrimonious clashes with others. "A pregnant woman has to keep out of fusses with other women because many are witches, and, if she quarrels with them, they may harm the child. The husband has to be careful of witches, too, when his wife is pregnant."

844 At the onset of labor pains close female relatives of the woman
[602] attend her. Her mother, her mother's sisters, her mother's mother, and her older sisters are members of the relationship group from which assistants are most likely to come. If the husband's family lives near by, his mother or sister may be present.
[759] When a woman skilled in midwifery is numbered among these relatives, no outside help is asked. Otherwise the service of a woman who has special ceremonial and practical knowledge is sought. Such a woman is often selected on the basis of "the good luck

[776] [1] A deity known also as Life Giver.

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she has had in bringing babies into the world." If she has "a family of fine children of her own," it is a happy augury. Very important is her right to perform a ceremony, to pray and sing and treat the newborn infant ritually. It is not absolutely essential to have such a "ceremonial" woman in command at this time, but, since success in life depends so largely on ritual preparation, she functions in a majority of births. This woman is well paid for her services; some valuable property, often a horse, is her reward.

When the time for delivery draws near, the husband leaves the home. Unless an emergency arises, he cannot be present at the birth, for relatives of his wife to whom he stands in a relationship of respect and avoidance are certain to be there.[1]

There is no definite rule which bars other men from being present. In fact, they are sometimes asked to attend in emergencies. But usually "men don't come to a birth because there are so many women around, and a man would feel funny." Another factor which discourages their attendance is that discharges from the woman's body at childbirth are to some extent equated with menstrual blood, from which a man can contact painful swelling of the joints.

During delivery the woman kneels with legs apart before an oak post which she uses to steady herself. Assistants hold her arms if she requires aid. To facilitate the birth, the genitals may be bathed in water in which the pounded root of a plant (*Eriogonum jamesii*) has been boiled. A similar decoction will be used after the birth to insure rapid healing. To speed birth, four small, light-colored pieces of the inner leaves of narrow yucca may be swallowed with salt, one after the other. The midwife massages the woman's abdomen downward and receives the child. With a long black flint or with a sharp edge of a length of reed or yucca leaf, she cuts the umbilical cord about one and one-half inches from the baby's navel and knots the end or ties it with a strand of yucca-leaf string. If the child does not cry or breathe at once, cold water is dashed on its body. When a baby is obviously alive

[1] For an account of these observances see pp. 163–81.

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844 [787] When a baby is obviously alive but does not cry or cry loudly, that child "will grow up to be strong."

Following a normal delivery, the midwife washes the infant in tepid water at once and places it on a soft robe. In some cases [824] a plant (*Parosela formosa*) is added to this water "to keep the child from crying." She rubs a mixture of grease and red ocher [823] over the baby's body to keep the skin from getting sore. Next she strews pollen or ashes to the directions in clockwise circuit [788] beginning with the east and holds the blanket and the child to [424] the directions in the same order. Prayers and practices which mark her individually owned rite accompany this procedure. Meanwhile, others minister to the mother. Particular care is taken in cases of prolapse of the uterus to see that the organ is pushed back into place properly.

844 The afterbirth is gathered together in the robe or piece of old clothing upon which the woman has knelt. With it is put the um- 846 bilical cord. These must not be burned or buried. If they are 824 buried and then dug up and consumed by animals, the child is [825] harmed. The approved method of disposal is to place the bundle in a fruit-bearing bush or tree "because the tree comes to life every year, and they want life in this child to be renewed like the life in the tree." Before final disposal, the bundle is blessed by the midwife. To the tree she says, "May the child live and grow up to see you bear fruit many times."[1]

553 At the time of the birth ceremony a name may be suggested [344] for the infant, often by the midwife. However, when nothing unusual marks the birth or distinguishes the newborn baby, the naming may not take place for two or three months. Even when a name is immediately conferred, there is little reason to think that the child will bear it long.

551 553 When my daughter was born, the midwife gave her a name, but it did not catch on. Then my wife called her "My Daughter." All the others around our camp now do so too. Later, before she is ten or eleven years old, we will give her another name. This is a Chiricahua custom. The baby name is outgrown. One child, for example, is called "Ugly Baby." But she will not be called

[1] One informant claimed that the cord is retained and later eaten by the child, but no verification of this was obtained from others.

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846 finements last from a few days to a week. Moreover, the cere-
[845] monies for difficult childbirth and the many medicines in use for
[757] ailments resulting from childbearing suggest that the woman does not always have an easy time.

[844] After the birth of her child, the woman ties a rope or a strap
[826] around her waist "so that her stomach will not sag." She wears this until she feels strong once more.

844 Despite the roving life, there is an attachment to the place of
823 birth. A child is told where he was born; and, when he is again
788 brought to the vicinity, "they roll him on the ground to the four directions. They don't make a special trip for this, but they do it if they happen to be there. This is done even if the child is getting big." Adults as well as children have been known to roll in this manner upon returning to the birthplace.

CRADLE DAYS

852 Normally, the fourth day after birth is the occasion for a cra-
756 dle ceremony, although sometimes the rite is delayed for a few
[759] days more. The immediate family may include an old man or woman prepared to perform it, or the midwife may know the rite and accept the task. Depending on the "way" of the shaman who officiates, the ceremony will be elaborate or modest. A poor
[556] family is satisfied to obtain a shaman whose ceremony is pruned to essentials, while a wealthy family may make more of a display of the event. Not infrequently the selection of the practitioner is related to the web of human relations—to friendships, to bonds of blood, to desire for gain.

[556] There's a shaman, my relative. And there are some people who have a new baby. They are well-off people; they have much property; they have horses and buckskins and bring in lots of deer. My relative has nothing like this, though he is a shaman. He is poor. I notice that this wealthy family with the new baby has lost several babies before this.

I go to them. I say, "You people have a new baby. I notice that you have lost several children. My relative is a good shaman. He knows something to keep the child well. You go to him and ask him and he will put up a ceremony for you. But don't tell him who told you about his ceremony."

Those relatives of the little child talk it over. One says, "I'll give a gun for that ceremony." Another says, "I'll give two blankets." Another offers a horse or a buckskin.

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name of the child of the one he is addressing. In discussing anyone, great care is taken to say nothing critical or abusive concerning him before his parents or his children. One man told of a series of fights he initiated by uttering the remark, "Your father is messy around the ankles." He knew very well in advance what the consequences of that observation would be. In a Coyote story the trickster, after being skinned and jeered at for having a "red shirt," retaliates against his tormentors by shouting, "It's your father who has a red shirt!"

Despite the affection and regard which mark the parent-child relationship, it must not be forgotten that discipline and authority are the prerogatives of the father and mother. The daughter, especially, is conditioned to lifelong obedience to parental edicts.

Four terms, the equivalents of father, mother, son, and daughter, serve to express the parent-child relationship. The term for father can refer to no one else. The mother, likewise, is distinguished from her siblings. The parent-child terms differ from others of the kinship system in two particulars. First, they are not self-reciprocal; that is, the same term that is addressed to the son by the father cannot mean father when the son is speaking. Second, each term expresses one relationship only and is not extended to include collateral relatives.

Uncle, aunt-nephew, niece relationships.—Of tremendous importance in the child's life are the maternal uncle and aunt. The mother's sister is likely to be present at the child's birth. She may volunteer to nurse the baby if she has milk and the mother has not enough. She is a permanent member of the mother's extended domestic family. A girl will have intimate contact with this relative throughout life; a boy, at least until his marriage and departure from the encampment. In case the mother dies, this woman may be called upon to adopt or care for her sister's children. She may elect to marry their widowed father[11] and so become their stepmother. Or, since sororal polygyny is practiced, if she is younger than her sister, she may become the second wife of her sister's husband and, by a different route, attain the

[11] See pp. 421–25.

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Another quotation extends this information: 602 195 844

> If she is asked to start it [polite form] with the boy's brothers, she can never marry one of them. The reason given for not using polite form to the boy's mother is that his mother may be required to be at the birth of the child of her daughter-in-law, and it would not be right for her to have such intimate dealings with the girl if she used the polite form to her. At the birth of a child, no one who uses polite form to the mother is around.

Other statements explain that the collateral relatives of the husband's grandparents but not the grandparents themselves, may request polite form. 602 195 It appears that the classes of affinities that expect avoidance from the husband are the very ones which, in the woman's affinal constellation, refrain from making even the polite-form request. None of these polite-form usages is obligatory, it should be noted. This time the initiative comes from the husband's relatives. The same sets of terms are utilized; it is the young woman who is called "one who carries burdens for me" by her affinity and who calls her husband's relative "one for whom I carry burdens." [601]

Again, the usage, to be effective, must begin at once. "I could have used polite form to my cousin's wife. It's too late now. I didn't start it from the beginning. My cousin could have used the polite form to my wife, but he didn't either."

In determining whether he will make the request for polite form of the wife, each member of the husband's relationship group is guided by considerations of age, degree of past intimacy, and closeness of connection to the linking relative—the same factors operative in the man's avoidance and polite-form obligations. Polite form between the woman and her affinal relative, once started, also is supposed to continue indefinitely, regardless of the disturbance of the union by divorce or death. [586]

A woman's obligations to her affinities at marriage are slight compared with those to which her husband is subject, but their existence does serve to indicate that she owes consideration to her husband's kin and can never entirely eliminate them from her plans. Their claim upon her is most fully realized at the death of her mate when they can force her to accept a brother or a cousin of the deceased in his stead. 602 [587]